

Price List 2011

GYM MEMBERSHIPS

1 Month	\$90
3 Months	\$240
6 Months	\$440
12 Months	\$810



GROUP CLASSES

Casual	\$20
10 X Sessions	\$150
1 Month Unlimited Sessions	\$120

Gym membership is inclusive in the above package

PERSONAL TRAINING

1 x 1hr Session	\$80
10 x 1hr Sessions	\$750
1 x 30 min Session	\$45
10 x 30 min Sessions	\$400

Assessments/Nutrition Plans	\$65
Training Programs	\$80